### our mission

Our mission is to work for the understanding, respect, and support of all children with special needs in Framingham.

The Framingham Special Education Parent Advisory Council (F-SEPAC) is run by parents who are concerned about the special needs of children in the Framingham schools. We are a district wide resource to parents/guardians of children with special needs. We are a united voice for special needs children and considered an advisory committee to the Framingham school district and its Special Education Department. The F-SEPAC is mandated and supported by Massachusetts law.

## contact us

### 2016-2017 F-SEPAC Officers

chairperson@F-SEPAC.org

Susan Arndt - 508-558-7220 cell

Sheryl Goldstein

### secretary@F-SEPAC.org

Karen Byank Rachel Richer

General Email - info@F-SEPAC.org

### volunteers

spanish@F-SEPAC.org

portuguese@F-SEPAC.org

supportgroup@F-SEPAC.org

volunteer@F-SEPAC.org

Please visit our website and go to 'contact us' for specific school or school department needs.

Framingham **S**pecial Education Parent Advisory Council for parents and guardians of school-aged children

with special needs



## Supporting Our Parents, Guardians and Teachers

We are a united voice for our special needs children in the Framingham Public Schools. Once a year we have an event called Advise the Advisory Council where parents can let us know about issues, both positive and negative, and concerns. We compile the list together and present it to the Director of Special Education and the Superintendent, as needed. We do not represent individual children, but come together as a united group in order to better the programs and services for all of our children.

**We offer events of interest to parents and guardians** including Basic Rights in Special Education. We have o ered presentations on Lively Letters, Safety and Bullying Workshop, presentation on the districtwide New Inclusion Model, PARCC, etc. Many of our handouts can be found on our website.

**Our Parent Outreach Committee runs a parent support group.** Join our monthly parent/guardian support group also known as the 4Cs support group (Coffee, Comfort, Conversation and Chocolate) every second Friday from 9 to 11AM at B Sisters Cafe 680 Worchester Road in Framingham on the east bound side of route 9 across the street from Staples, Trader Joes and Walgreens. All families of special needs children and those wanting to earn more about special education are welcome. Please by email supportgroup@F-SEPAC.org or call 508.558.7220 if you have any questions.

**F-SEPAC web site** - Our web site includes a list of helpful articles for both parents/guardians and teachers, resources, topics of interest (inclusion, bullying, disability awareness, poetry and humor) F-SEPAC and local events, and support groups. F-SEPAC information is available in Spanish and Portuguese with links to helpful web sites in those languages.

F-SEPAC Yahoo Group and Facebook page are open to anyone who wants to receive announcements of workshops, seminars, meetings, conferences, expos, information on local policies, etc. Go to http:// groups. yahoo.com/ group/F-SEPAC to join the Yahoo Group or like us on our Facebook page at https://www.facebook.com/pages/ Framingham-Special-Education-Parent-Advisory-Council/255453975614? ref=br\_tf.

**We reach out to the immigrant population** by o ering the events of interest in Spanish and Portuguese. We also have lots of information and resources on special education in Spanish and Portuguese on our web site.

# Our Calendar for the 2016/2017 School Year

#### Please check our website for upcoming F-SEPAC events

With a 48-hour notice, we will make every attempt to provide interpreters for foreign languages and ASL for anyone who requests such.

Please check our website for the most up-to-date information <u>www.F-</u> <u>SEPAC.org</u>