

## our mission

Our mission is to work for the understanding, respect, and support of all children with special needs in Framingham.

The Framingham Special Education Parent Advisory Council (F-SEPAC) is run by parents who are concerned about the special needs of children in the Framingham schools. We are a district wide resource to parents/guardians of children with special needs. We are a united voice for special needs children and considered an advisory committee to the Framingham school district and its Special Education Department. The F-SEPAC is mandated and supported by Massachusetts law.

## contact us

2018-2019 F-SEPAC officers

[chairperson@F-SEPAC.org](mailto:chairperson@F-SEPAC.org)

Sheryl Goldstein

Karen Byank

[secretary@F-SEPAC.org](mailto:secretary@F-SEPAC.org)

Susan Arndt

General Email - [info@F-SEPAC.org](mailto:info@F-SEPAC.org)

## volunteers

[spanish@F-SEPAC.org](mailto:spanish@F-SEPAC.org)

[portuguese@F-SEPAC.org](mailto:portuguese@F-SEPAC.org)

[supportgroup@F-SEPAC.org](mailto:supportgroup@F-SEPAC.org)

[volunteer@F-SEPAC.org](mailto:volunteer@F-SEPAC.org)

Please visit our website and go to 'contact us' for specific school or school department needs.

# Framingham Special Education Parent Advisory Council

*for parents and guardians  
of school-aged children with  
special needs*

[www.F-SEPAC.org](http://www.F-SEPAC.org)

## **Supporting Students, Parents, Guardians, and Teachers**

**We are a united voice for our special needs children in the Framingham Public Schools.** Please reach out to our officers with your questions and concerns about special education. Periodically we meet with the Director of Special Education to discuss issues, both positive and negative, and concerns about special education in our district. We compile the list together and present it to the Director of Special Education and the Superintendent, as needed. Please let us know what is happening in the district. We will keep your information anonymous. We do not represent individual children, but come together as a united group in order to better the programs and services for all of our children.

**We offer events of interest to parents and guardians** including Basic Rights in Special Education. We have offered presentations on Lively Letters, Safety and Bullying Workshop, presentation on the districtwide New Inclusion Model, PARCC, etc. Many of the handouts from past presentations can be found on our website under 'events'.

**Our Parent Outreach Committee runs a parent support group.** Join our monthly parent/guardian support group every second Friday from 9 to 11AM at B Sisters Cafe, 680 Worcester Road in Framingham on the east bound side of route 9 across the street from Staples, Trader Joes and Walgreens. Please check our website for times and locations. All families of special needs children and those wanting to learn more about special education are welcome. Please check our website for exact dates or email [supportgroup@F-SEPAC.org](mailto:supportgroup@F-SEPAC.org) or call 508.558.7220 if you have any questions.

**F-SEPAC web site** - Our web site includes a list of helpful articles for both parents/guardians and teachers, resources, topics of interest (inclusion, afterschool, transition planning, early intervention transition, bullying, disability awareness,

poetry and humor) F-SEPAC and local events, and support groups. F-SEPAC information is available in Spanish and Portuguese with links to helpful web sites in those languages.

**F-SEPAC Yahoo Group** and **Facebook page** are open to anyone who wants to receive announcements of workshops, seminars, meetings, conferences, expos, information on local policies, etc. Go to [http:// groups. yahoo. com/ group/F-SEPAC](http://groups.yahoo.com/group/F-SEPAC) to join the Yahoo Group or like us on our Facebook page at [https://www.facebook.com/pages/ Framingham-Special-Education-Parent- Advisory-Council/ 255453975614? ref=br\\_tf](https://www.facebook.com/pages/Framingham-Special-Education-Parent-Advisory-Council/255453975614?ref=br_tf)

**We reach out to the immigrant population** by offering the events of interest in Spanish and Portuguese. We also have lots of information and resources on special education in Spanish and Portuguese on our web site. Our Calendar for the 2017/2018 School Year

### **Other topics for workshop for this year**

- Basic Rights in Special Education (in Spanish or Portuguese)
- An IEP for My Child
- From Early Intervention to PreK in Special Education

**Please check our website for dates, times and locations of F-SEPAC events**

[www.F-SEPAC.org](http://www.F-SEPAC.org)